

## Oversikt 2023/2024

Spinningrom		mandag	tysdag	onsdag	torsdag	fredag	laurdag	søndag
07:00	07:30							
07:30	08:00							
08:00	08:30							
08:30	09:00							
09:00	09:30							
09:30	10:00	KOS						
10:00	10:30	KOS						
10:30	11:00							
11:00	11:30							
11:30	12:00							
12:00	12:30							
12:30	13:00							
13:00	13:30							
13:30	14:00							
14:00	14:30							
14:30	15:00	PPT						
15:00	15:30	PPT						
15:30	16:00	PPT						
16:00	16:30							
16:30	17:00				KOS			
17:00	17:30				KOS			
17:30	18:00							
18:00	18:30	KIL	KIL	KIL	KIL			
18:30	19:00	KIL	KIL	KIL	KIL			
19:00	19:30	KIL	KIL	KIL	KIL			
19:30	20:00	KIL	KIL	KIL	KIL			
20:00	20:30	KIL	KIL	KIL	KIL			
20:30	21:00	KIL	KIL	KIL	KIL			
21:00	21:30							
21:30	22:00							

oppdatert  
02.10.2023

PPT
KOS

Marianne  
Torbjørn Grave

KIL

Kviteseid idrettslag